

DNPAO Healthy Beverage Networking Call

July 9, 2013; 2-3 PM Eastern

Phone: 1-877-428-4084; Participant Passcode: 9092453

Using Food Service Guidelines / Nutrition Standards to Promote and Provide Access to Water and Healthier Beverages

Background

Under the new CDC FOA, [State Public Health Actions to Prevent and Control Diabetes, Heart Disease, Obesity and Associated Risk Factors and Promote School Health](#), the following strategies incorporate beverages.

- **Basic Component:** “Promote the adoption of food service guidelines/nutrition standards, which include sodium.”
- **Enhanced Component** - “Environmental approaches to promote health and support and reinforce healthful behaviors:”
 - Access to healthy food and beverages
 - **Food service guidelines/nutrition standards where foods and beverages are available. Guidelines and standards should address sodium.**
 - Supportive nutrition environments in schools

Call participants will listen to presentations and network to discuss:

1. How food service guidelines can be used to align institutional food and beverage service with the Dietary Guidelines for Americans and best sustainability practices.
2. How local governments can implement guidelines and standards in a variety of settings to support offering healthier beverage choices sold and served to populations.
3. How to include supportive strategies to encourage consumers to select healthier beverage options and sustain efforts beyond project investments.

Agenda

Introductions and announcements – Susan Anderson

2:05-2:20 **Joel Kimmons*** will provide an overview on operationalizing food service guidelines such as the [HHS/GSA Health and Sustainability Guidelines for Federal Concessions and Vending Operations](#) with a focus on beverages and water.

2:20-2:30 **Michelle Wood*** will share examples of nutrition standards for beverages and other environmental strategies being implemented in various food service settings in the County of Los Angeles including worksite cafeterias, vending machines, and other food settings.

2:30-2:40 **Ashley Lederer*** will provide an overview of New York City’s efforts to offer healthier beverages and water through implementing nutrition standards in public and private sector environments.

2:40-2:55 **Networking** - call participants

2:55-3:00 **Gather suggestions for speakers and topics for future calls.**

Proposed/tentative for 2013:

- September 10 or November 12: (tentative) Surveillance update – BRFSS optional questions, other surveillance updates

Closing announcements – Susan Anderson

Save the Date for next call: September 10, 2013, 2-3 PM Eastern.

***Speaker information is below**

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Purpose: *The purpose of the networking calls is to provide a forum for public health practitioners to share programmatic information that addresses strategies to support healthier beverage choices. The findings and conclusions presented are solely those of the presenters and do not represent the official position or policies of the US Department of Health and Human Services, Centers for Disease Control and Prevention, nor does the mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.*

Notices for the networking calls *are sent via email to the Nutr-PA-Obesity-List list serv. If you would like to receive a direct email regarding Healthy Beverage Networking calls please email Susan Anderson at sanderson@cdc.gov.*

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Speaker Information

Joel Kimmons is a nutrition scientist and epidemiologist at the Centers for Disease Control and Prevention. His focus is improving dietary health and sustainability with environmental and food system approaches such as using food service guidelines to increase the availability of healthy options in worksite and other institutional settings. Joel received his Ph.D. from the University of California, Davis in International Nutrition and epidemiology.

Joel E. Kimmons, PhD

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Michelle Wood is a Program Manager, Food Procurement and Policy for the LA County Department of Public Health's Choose Health LA initiative, an obesity prevention program funded through the CDC. Michelle leads efforts to improve nutrition and promote healthy eating in LA County schools districts, County of LA government facilities and other food service environments. Michelle is a member of the Los Angeles Food Policy Council's Good Food Purchasing Technical Advisory Committee. She earned her Master of Public Policy from the University of Southern California in 2004.

Michelle Wood, M.P.P.

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Ashley Lederer is the Deputy Director of the Nutrition Strategy Program at the New York City Department of Health and Mental Hygiene. Ms. Lederer oversees implementation of the NYC Food Standards as well as the Healthy Hospital Food Initiative, a program that extends the Health Department's work on food standards to NYC private hospitals. Ms. Lederer received her Master of Science degree in Nutrition and Dietetics from New York University.

Ashley Lederer, MS, RD

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Links to resources:

NYC Food Standards: <http://www.nyc.gov/html/doh/html/living/agency-food-standards.shtml>

Healthy Hospital Food Initiative: <http://www.nyc.gov/html/doh/html/living/cardio-hospital-food-initiative.shtml>
